



CARDIFF TriNation Series Results 2011

TriNation Pos	Overall Pos	Name	Race No.	Gender	Team Name	Finish Time	Wave No.	Series
1	7	Oliver Williams	2070	Male		01:01:45	Wave 1	Tri Nation Series
2	12	Jason Brewer	185	Male	brewster	01:03:55	Wave 1	Tri Nation Series
3	14	Alan Mcrae	1274	Male	Fat Fighters	01:04:46	Wave 1	Tri Nation Series
4	19	Matthew Tye	1935	Male		01:05:59	Wave 1	Tri Nation Series
5	25	Jonathan Procter	1538	Male	Freestylekinetics	01:07:04	Wave 1	Tri Nation Series
6	41	Tom Mcnee	1271	Male		01:09:27	Wave 1	Tri Nation Series
7	43	Brod Murphy	1364	Male		01:09:31	Wave 1	Tri Nation Series
8	44	Dean Hocking	855	Male	PGC	01:09:34	Wave 1	Tri Nation Series
9	50	Mark Boxwell	175	Male		01:10:24	Wave 1	Tri Nation Series
10	59	Martin Sim	1739	Male	Sideways	01:11:00	Wave 1	Tri Nation Series
11	62	Ross Wilkins	2055	Male		01:11:40	Wave 1	Tri Nation Series
12	70	Darren Soutar	1787	Male	BMF Scotland	01:12:58	Wave 2	Tri Nation Series
13	78	Andrew Petrylak	1473	Male	JARTS	01:13:24	Wave 3	Tri Nation Series
14	84	Roy Jackson	2183	Male		01:13:48	Wave 2	All 4 Events
15	91	Will Harris	782	Male	Team Willpower	01:14:18	Wave 1	Tri Nation Series
16	98	Stuart Arundel	37	Male		01:14:45	Wave 1	Tri Nation Series
17	111	Leory Windle	2136	Male	Team Stagg	01:15:28	Wave 1	Tri Nation Series
18	122	Jonathan Whettingsteel	2030	Male		01:16:05	Wave 1	Tri Nation Series
19	125	Richard Bennett	122	Male		01:16:09	Wave 2	Tri Nation Series
20	135	Steven Boxwell	176	Male		01:16:44	Wave 1	Tri Nation Series
21	153	Heigh Andrew	2209	Male		01:18:01	Wave 1	Tri Nation Series
22	215	Ben Mousley	1353	Male		01:20:34	Wave 8	Tri Nation Series
23	234	Rebecca Pykett	1555	Female		01:21:10	Wave 1	Tri Nation Series
24	251	Ian Pringle	1535	Male	Ian Pringle	01:21:46	Wave 1	Tri Nation Series
25	267	Simon Greenwood	710	Male	SF Giants	01:22:48	Wave 1	Tri Nation Series
26	300	Lee Carson	252	Male	stretch, huff n puff	01:23:51	Wave 1	Tri Nation Series
27	309	Huw Thomas	1867	Male	stretch, huff n puff	01:24:09	Wave 1	Tri Nation Series
28	311	Matthew Cox	369	Male	stretch, huff n puff	01:24:10	Wave 1	Tri Nation Series
29	330	George Glover	664	Male		01:24:30	Wave 2	Tri Nation Series
30	334	David Gorwill	680	Male	DGPT Healthy Living	01:24:40	Wave 2	Tri Nation Series
31	350	Jake Clifford	311	Male		01:25:20	Wave 3	Tri Nation Series
32	365	Paul Macmillan	1199	Male		01:25:36	Wave 2	Tri Nation Series
33	370	Tom Slater	1756	Male	Alf Stewarts Dugeon Maststers	01:25:37	Wave 7	Tri Nation Series
34	377	Craig Flynn	599	Male	Alf Stewarts Dungeon Maststers	01:25:55	Wave 7	Tri Nation Series
35	390	Anthony Spruce	1797	Male	Alf Stewarts Dugeon Maststers	01:26:10	Wave 7	Tri Nation Series
36	403	Sean Heaney	820	Male	Fat Cat	01:26:37	Wave 1	Tri Nation Series
37	414	Mark Smith	1770	Male		01:26:48	Wave 1	Tri Nation Series
38	420	Mick Donnelly	486	Male	2RTR	01:26:59	Wave 4	Tri Nation Series
39	425	Clive Boxwell	177	Male		01:27:06	Wave 1	Tri Nation Series
40	426	Simon Maceachen	1195	Male		01:27:07	Wave 1	Tri Nation Series
41	431	Aaron Edwards	528	Male		01:27:20	Wave 3	Tri Nation Series
42	431	Adam Mulligan	1358	Male		01:27:20	Wave 3	Tri Nation Series
43	448	Seth Wareing	1977	Male	SwampDonkey	01:27:48	Wave 9	Tri Nation Series
44	449	Robert Duckworth	505	Male	CrossFit Teesside	01:27:48	Wave 9	Tri Nation Series
45	456	Tim Lunt	1183	Male	Alf Stewarts Dungeon Maststers	01:28:04	Wave 7	Tri Nation Series
46	550	Jody Lee	1113	Male		01:30:16	Wave 3	Tri Nation Series
47	554	Matthew Hinds	849	Male		01:30:27	Wave 5	Tri Nation Series
48	623	Louise Macdonald	1192	Female	Fat Fighters	01:32:05	Wave 1	Tri Nation Series
49	628	Ben Thomas	1880	Male		01:32:14	Wave 2	Tri Nation Series
50	643	Hugh Sullivan	1836	Male		01:32:49	Wave 1	Tri Nation Series
51	653	Clare Broome	195	Female	Team Willpower	01:32:54	Wave 1	Tri Nation Series
52	655	Paul Macdonald	1193	Male	MOOOOO	01:32:57	Wave 1	Tri Nation Series
53	676	Louise Barkworth	85	Female	BMF Scotland	01:33:31	Wave 2	Tri Nation Series
54	677	Gareth Lougher	1167	Male		01:33:32	Wave 3	Tri Nation Series
55	684	Joakim Valsinger	1943	Male	BMF Scotland	01:33:43	Wave 2	Tri Nation Series
56	685	Lindy Black	149	Female	BMF Scotland	01:33:44	Wave 2	Tri Nation Series
57	704	Jimmy Urquhart	1940	Male	BMF Scotland	01:34:18	Wave 2	Tri Nation Series
58	751	Mark Tock	1907	Male		01:35:23	Wave 5	Tri Nation Series
59	761	Leach Rob	2210	Male		01:35:37	Wave 1	Tri Nation Series
60	782	James Wimshurst	2134	Male	A-Wimo-Way	01:36:08	Wave 7	Tri Nation Series
61	810	Neil Sinclair	1751	Male	NEIL SINCLAIR	01:36:38	Wave 9	Tri Nation Series
62	811	Sarah Sinclair	1752	Female	SARAH SINCLAIR	01:36:41	Wave 9	Tri Nation Series
63	814	Mark Gray	703	Male	Fat Fighters	01:36:44	Wave 1	Tri Nation Series
64	829	Derek Smith	1762	Male	BMF Scotland	01:37:07	Wave 2	Tri Nation Series
65	830	Jon Grey	712	Male		01:37:07	Wave 9	Tri Nation Series
66	832	Daniel Wilkie	2053	Male		01:37:09	Wave 9	Tri Nation Series
67	836	Brian Kemp	1065	Male	BMF Scotland	01:37:13	Wave 2	Tri Nation Series
68	843	Samuel Dixon	480	Male		01:37:16	Wave 9	Tri Nation Series
69	889	Gareth Naylor	1374	Male		01:38:23	Wave 3	Tri Nation Series
70	922	Mikey Bateman	100	Male		01:38:59	Wave 2	Tri Nation Series
71	993	Richard Barbour	79	Male	Empowers Fitness	01:40:45	Wave 2	All 4 Events
72	1010	Matt Ross	1665	Male		01:41:09	Wave 1	Tri Nation Series
73	1023	Colin Ackerley	2	Male	Triple Pain	01:41:24	Wave 1	Tri Nation Series
74	1031	Lee Passingham	1452	Male	The Butt Scratchers	01:41:30	Wave 5	Tri Nation Series
75	1103	Graham Downie	492	Male	GD	01:43:03	Wave 5	Tri Nation Series
76	1118	Gino Hawkins	807	Male	2RTR	01:43:27	Wave 4	Tri Nation Series
77	1119	David Costello	361	Male		01:43:27	Wave 1	Tri Nation Series

78	1131	Daniel Curtis	392	Male	Lead Minions	01:43:46	Wave 3	Tri Nation Series
79	1133	Euan Mcghee	1260	Male		01:43:47	Wave 3	Tri Nation Series
80	1278	Damien Coyle	371	Male	Damien Coyle	01:48:00	Wave 5	Tri Nation Series
81	1386	Paul Stagg	1799	Male		01:52:11	Wave 1	Tri Nation Series
82	1451	Peter Scott-johnson	1703	Male		01:55:03	Wave 3	Tri Nation Series
83	1456	Scott Smith	1763	Male	Incredibles	01:55:22	Wave 2	Tri Nation Series
84	1457	Danielle Stewart	1815	Female	BMF Scotland	01:55:22	Wave 2	Tri Nation Series
85	1480	Michael Dodd	483	Male	The Butt Scratchers	01:56:27	Wave 5	Tri Nation Series
86	1500	Luke Graddon	691	Male	Team CG	01:57:01	Wave 5	Tri Nation Series
87	1500	Tom Cowdale	367	Male	Team CG	01:57:01	Wave 5	Tri Nation Series
88	1504	Thomas Simms	1745	Male	The Butt Scratchers	01:57:15	Wave 5	Tri Nation Series
89	1617	David Charlton	280	Male	Charlton Athletic	02:03:42	Wave 6	Tri Nation Series
90	1619	Jon Lingard	1149	Male	Charlton Athletic	02:03:45	Wave 6	Tri Nation Series
91	1623	Dickson Alison	2213	Female		02:04:14	Wave 3	Tri Nation Series
92	1626	Ratcliffe Jonathan	2211	Male		02:04:22	Wave 3	Tri Nation Series
93	1662	Darren Le gallais	1111	Male	Challenge Legs	02:07:38	Wave 1	Tri Nation Series
94	1663	David Curphey	390	Male		02:07:38	Wave 1	Tri Nation Series
95	1688	Simon Wroe	2156	Male		02:10:01	Wave 3	Tri Nation Series



NOTTINGHAM TriNation Series Results 2011

TriNation Pos	Overall Pos	Name	Race No.	Gender	Team Name	Finish Time	Wave No.	Series
1	11	Oliver Williams	4037	Male		00:57:45	Wave 1	Tri Nation Series
2	12	Shaun Chew	687	Male		00:57:51	Wave 3	Tri Nation Series
3	16	Mick Donnelly	1050	Male	2RTR	00:58:45	Wave 4	Tri Nation Series
4	22	Jason Brewer	440	Male	brewster	00:59:37	Wave 1	Tri Nation Series
5	23	Craig Flynn	1271	Male	Alf Stewarts Dungeon Masters	00:59:39	Wave 7	Tri Nation Series
6	25	Jonathan Procter	2965	Male	Freestylekinetics	00:59:50	Wave 1	Tri Nation Series
7	47	Simon Greenwood	1474	Male	SF Giants	01:02:18	Wave 1	Tri Nation Series
8	48	Frederic Laboroi	2093	Male	SF Giants	01:02:19	Wave 1	Tri Nation Series
9	56	Jay Holden	1729	Male		01:02:41	Wave 1	Tri Nation Series
10	57	Ross Wilkins	4016	Male		01:02:43	Wave 1	Tri Nation Series
11	60	Alan Mcrae	2507	Male	Fat Fighters	01:02:46	Wave 1	Tri Nation Series
12	76	Ben Mousley	2643	Male		01:03:36	Wave 8	Tri Nation Series
13	83	Tim Lunt	2270	Male	Alf Stewarts Dungeon Masters	01:03:47	Wave 7	Tri Nation Series
14	94	Dean Hocking	1708	Male	PGC	01:04:12	Wave 1	Tri Nation Series
15	95	Brod Murphy	2666	Male		01:04:13	Wave 1	Tri Nation Series
16	98	Tom Mcnee	2499	Male		01:04:16	Wave 1	Tri Nation Series
17	100	Tom Slater	3360	Male	Alf Stewarts Dugeon Masters	01:04:20	Wave 7	Tri Nation Series
18	105	Frederico Albergaria	20	Male		01:04:30	Wave 1	Tri Nation Series
19	111	Mark Boxwell	401	Male		01:04:42	Wave 1	Tri Nation Series
20	112	Roger Davies	937	Male		01:04:42	Wave 1	Tri Nation Series
21	114	Darren Soutar	3440	Male	BMF Scotland	01:04:46	Wave 2	Tri Nation Series
22	120	Kyle Cook	793	Male	2RTR	01:04:55	Wave 9	Tri Nation Series
23	132	Martin Sim	3323	Male	Sideways	01:05:12	Wave 1	Tri Nation Series
24	151	Richard Bennett	265	Male		01:05:44	Wave 2	Tri Nation Series
25	162	Anthony Spruce	3466	Male	Alf Stewarts Dugeon Masters	01:06:10	Wave 7	Tri Nation Series
26	163	Andrew Petrylak	2886	Male	JARTS	01:06:10	Wave 3	Tri Nation Series
27	199	Jonathan Whettingsteel	3972	Male		01:07:12	Wave 1	Tri Nation Series
28	205	Paul Macmillan	2296	Male		01:07:22	Wave 2	Tri Nation Series
29	223	Gino Hawkins	1616	Male	2RTR	01:07:56	Wave 4	Tri Nation Series
30	237	Roy Jackson	1887	Male		01:08:20	Wave 2	All 4 Events
31	241	Andy Haigh	1509	Male		01:08:22	Wave 1	Tri Nation Series
32	283	Stuart Arundel	80	Male		01:08:53	Wave 1	Tri Nation Series
33	351	Will Harris	1579	Male	Team Willpower	01:09:46	Wave 1	Tri Nation Series
34	409	Seth Wareing	3893	Male	SwampDonkey	01:10:38	Wave 9	Tri Nation Series
35	499	Matthew Tye	3758	Male		01:11:54	Wave 8	Tri Nation Series
36	568	Clare Broome	473	Female	Team Willpower	01:12:49	Wave 1	Tri Nation Series
37	650	Ian Pringle	2959	Male	Ian Pringle	01:13:57	Wave 1	Tri Nation Series
38	676	Mark Smith	3400	Male		01:14:20	Wave 1	Tri Nation Series
39	688	Rebecca Pykett	2976	Female		01:14:31	Wave 1	Tri Nation Series
40	702	David Gorwill	1418	Male	DGPT Healthy Living	01:14:41	Wave 4	Tri Nation Series
41	715	Matthew Cox	857	Male	stretch, huff n puff	01:14:52	Wave 1	Tri Nation Series
42	717	Huw Thomas	3644	Male	stretch, huff n puff	01:14:52	Wave 1	Tri Nation Series
43	722	Lee Carson	632	Male	stretch, huff n puff	01:14:54	Wave 1	Tri Nation Series
44	729	James Wimshurst	4082	Male	A-Wimo-Way	01:15:04	Wave 7	Tri Nation Series
45	867	George Glover	1399	Male		01:16:45	Wave 2	Tri Nation Series
46	922	Chris Robertson	3103	Male	Alba Military Fitness	01:17:23	Wave 5	Tri Nation Series
47	990	Simon Maceachen	2285	Male		01:17:57	Wave 1	Tri Nation Series
48	991	Clive Boxwell	403	Male		01:17:57	Wave 1	Tri Nation Series
49	992	Jake Clifford	732	Male		01:17:59	Wave 3	Tri Nation Series
50	1056	Ed Smith	3392	Male	A-Wimo-Way	01:18:38	Wave 7	Tri Nation Series
51	1110	Derek Smith	3377	Male	BMF Scotland	01:19:09	Wave 2	Tri Nation Series
52	1137	Adam Mulligan	2651	Male		01:19:25	Wave 3	Tri Nation Series
53	1138	Aaron Edwards	1133	Male		01:19:25	Wave 3	Tri Nation Series
54	1157	Guy Bourne	390	Male		01:19:34	Wave 3	Tri Nation Series
55	1180	Sean Heaney	1632	Male	Fat Cat	01:19:51	Wave 1	Tri Nation Series
56	1203	Jimmy Urquhart	3771	Male	BMF Scotland	01:19:58	Wave 2	Tri Nation Series
57	1224	Matthew Hinds	1690	Male		01:20:15	Wave 5	Tri Nation Series

58	1347	Ben Thomas	3651	Male		01:21:22	Wave 4	Tri Nation Series
59	1380	Daniel Wilkie	4014	Male		01:21:40	Wave 9	Tri Nation Series
60	1381	Jon Grey	1480	Male		01:21:40	Wave 9	Tri Nation Series
61	1450	Lee Passingham	2831	Male	The Butt Scratchers	01:22:20	Wave 5	Tri Nation Series
62	1451	Graham Downie	1072	Male	GD	01:22:20	Wave 5	Tri Nation Series
63	1530	Lindy Black	321	Female	BMF Scotland	01:23:04	Wave 2	Tri Nation Series
64	1592	Gareth Lougher	2245	Male		01:23:36	Wave 3	Tri Nation Series
65	1610	Richard Barbour	171	Male	Empowers Fitness	01:23:49	Wave 2	All 4 Events
66	1633	Gareth Naylor	2688	Male		01:24:04	Wave 3	Tri Nation Series
67	1654	Brian Kemp	2018	Male	BMF Scotland	01:24:18	Wave 2	Tri Nation Series
68	1656	Joakim Valsinger	3774	Male	BMF Scotland	01:24:18	Wave 2	Tri Nation Series
69	1657	Louise Barkworth	179	Female	BMF Scotland	01:24:18	Wave 2	Tri Nation Series
70	1694	Hugh Sullivan	3555	Male		01:24:37	Wave 1	Tri Nation Series
71	1716	Samuel Dixon	1032	Male		01:24:51	Wave 9	Tri Nation Series
72	1747	Louise Macdonald	2280	Female	Fat Fighters	01:25:11	Wave 1	Tri Nation Series
73	1766	Mark Tock	3687	Male		01:25:20	Wave 5	Tri Nation Series
74	1899	Rob Leech	2165	Male		01:26:39	Wave 1	Tri Nation Series
75	2044	Damien Coyle	866	Male	Damien Coyle	01:28:13	Wave 5	Tri Nation Series
76	2052	Daniel Curtis	910	Male	Lead Minions	01:28:19	Wave 3	Tri Nation Series
77	2068	Matt Ross	3149	Male		01:28:30	Wave 1	Tri Nation Series
78	2110	Neil Sinclair	3339	Male	NEIL SINCLAIR	01:29:03	Wave 9	Tri Nation Series
79	2118	Sarah Sinclair	3340	Female	SARAH SINCLAIR	01:29:05	Wave 9	Tri Nation Series
80	2135	Jon Lingard	2207	Male	Charlton Athletic	01:29:19	Wave 6	Tri Nation Series
81	2136	David Charlton	679	Male	Charlton Athletic	01:29:19	Wave 6	Tri Nation Series
82	2220	Colin Ackerley	3	Male	Triple Pain	01:30:11	Wave 1	Tri Nation Series
83	2294	Michael Dodd	1039	Male	The Butt Scratchers	01:31:00	Wave 5	Tri Nation Series
84	2296	Luke Graddon	1429	Male	Team CG	01:31:03	Wave 5	Tri Nation Series
85	2297	Tom Cowdale	854	Male	Team CG	01:31:03	Wave 5	Tri Nation Series
86	2330	Peter Scott-johnson	3244	Male		01:31:28	Wave 3	Tri Nation Series
87	2330	James Watson	3916	Male	Jim Watson	01:31:28	Wave 3	Tri Nation Series
88	2720	Tony Verrall	3794	Male		01:37:17	Wave 3	Tri Nation Series
89	2860	Paul Stagg	3474	Male		01:40:13	Wave 1	Tri Nation Series
90	2873	Jody Lee	2155	Male		01:40:29	Wave 3	Tri Nation Series
91	3050	Thomas Simms	3327	Male	The Butt Scratchers	01:44:02	Wave 5	Tri Nation Series
92	3119	Scott Smith	3380	Male	Incredibles	01:45:50	Wave 2	Tri Nation Series
93	3120	Danielle Stewart	3514	Female	BMF Scotland	01:45:51	Wave 2	Tri Nation Series
94	3132	Rob Truckle	3725	Male	2RTR	01:46:12	Wave 9	Tri Nation Series
95	3153	Alison Dickson	1021	Female	Just Good Friends	01:46:42	Wave 3	Tri Nation Series
96	3155	Jon Ratcliffe	3007	Male	Just Good Friends	01:46:43	Wave 3	Tri Nation Series
97	3295	Darren Le gallais	2144	Male	Challenge Legs	01:55:17	Wave 1	Tri Nation Series
98	3296	David Curphey	908	Male		01:55:21	Wave 1	Tri Nation Series
99	3312	Simon Wroe	4152	Male		01:56:17	Wave 3	Tri Nation Series



EDINBURGH TriNation Series Results 2011

TriNation	Overall	Name	Race No.	Gender	Team Name	Finish	Wave No.	Series
1	5	Oliver Williams	1942	Male		00:44:33	Wave 1	Tri Nation Series
2	8	Jason Brewer	166	Male	brewster	00:45:25	Wave 1	Tri Nation Series
3	13	Alan Mcrae	1272	Male	Fat Fighters	00:46:15	Wave 1	Tri Nation Series
4	16	Jonathan Procter	1510	Male	Freestylekinetics	00:46:55	Wave 1	Tri Nation Series
5	29	Simon Greenwood	708	Male	SF Giants	00:48:02	Wave 1	Tri Nation Series
6	30	Frederic Laboroi	960	Male	SF Giants	00:48:02	Wave 1	Tri Nation Series
7	33	Matthew Tye	1853	Male		00:48:13	Wave 1	Tri Nation Series
8	58	Craig Flynn	590	Male	Alf Stewarts Dungeon Maststers	00:49:40	Wave 7	Tri Nation Series
9	60	Darren Soutar	1712	Male	BMF Scotland	00:49:51	Wave 2	Tri Nation Series
10	63	Roger Davies	428	Male		00:49:55	Wave 1	Tri Nation Series
11	64	Kyle Cook	337	Male	2RTR	00:49:57	Wave 9	Tri Nation Series
12	82	Dean Hocking	808	Male	PGC	00:50:20	Wave 1	Tri Nation Series
13	83	Brod Murphy	1363	Male		00:50:21	Wave 1	Tri Nation Series
14	87	Martin Sim	1666	Male	Sideways	00:50:30	Wave 1	Tri Nation Series
15	93	Ben Mousley	1349	Male		00:50:51	Wave 8	Tri Nation Series
16	95	Mark Boxwell	150	Male		00:51:04	Wave 1	Tri Nation Series
17	103	Shaun Chew	275	Male		00:51:31	Wave 3	Tri Nation Series
18	110	Richard Bennett	113	Male		00:51:38	Wave 2	Tri Nation Series
19	113	Andrew Petrylak	1479	Male	JARTS	00:51:46	Wave 3	Tri Nation Series
20	120	Ross Wilkins	1937	Male		00:52:01	Wave 1	Tri Nation Series
21	121	Tom Mcnee	1257	Male		00:52:02	Wave 1	Tri Nation Series
22	128	Tom Slater	1679	Male	Alf Stewarts Dugeon Maststers	00:52:14	Wave 7	Tri Nation Series
23	158	Roy Jackson	868	Male		00:53:05	Wave 2	All 4 Events
24	164	Jonathan Whettingsteel	1921	Male		00:53:09	Wave 1	Tri Nation Series
25	169	Seth Wareing	1891	Male	SwampDonkey	00:53:15	Wave 9	Tri Nation Series
26	188	Will Harris	754	Male	Team Willpower	00:53:49	Wave 1	Tri Nation Series
27	219	Anthony Spruce	1717	Male	Alf Stewarts Dugeon Maststers	00:54:27	Wave 7	Tri Nation Series
28	222	Stuart Arundel	57	Male		00:54:35	Wave 1	Tri Nation Series
29	223	Mick Donnelly	484	Male	2RTR	00:54:36	Wave 4	Tri Nation Series
30	224	Gino Hawkins	766	Male	2RTR	00:54:37	Wave 4	Tri Nation Series
31	247	Clare Broome	170	Female	Team Willpower	00:55:09	Wave 1	Tri Nation Series
32	248	Steven Boxwell	151	Male		00:55:11	Wave 1	Tri Nation Series
33	249	Clive Boxwell	152	Male		00:55:11	Wave 1	Tri Nation Series
34	252	Paul Macmillan	1100	Male		00:55:18	Wave 2	Tri Nation Series

35	283	Robert Duckworth	509	Male	CrossFit Teesside	00:56:10	Wave 9	Tri Nation Series
36	294	Leory Windle	1963	Male	Team Stagg	00:56:27	Wave 1	Tri Nation Series
37	337	George Glover	653	Male		00:57:26	Wave 2	Tri Nation Series
38	345	Rebecca Pykett	1515	Female		00:57:32	Wave 1	Tri Nation Series
39	349	Neil Sinclair	1674	Male	NEIL SINCLAIR	00:57:33	Wave 9	Tri Nation Series
40	412	Chris Robertson	1578	Male	Alba Military Fitness	00:58:37	Wave 5	Tri Nation Series
41	417	Sean Heaney	776	Male	Fat Cat	00:58:42	Wave 1	Tri Nation Series
42	444	Jake Clifford	300	Male		00:59:18	Wave 3	Tri Nation Series
43	469	Derek Smith	1687	Male	BMF Scotland	00:59:38	Wave 2	Tri Nation Series
44	482	David Gorwill	668	Male	DGPT Healthy Living	00:59:52	Wave 2	Tri Nation Series
45	516	Mark Smith	1696	Male		01:00:32	Wave 1	Tri Nation Series
46	537	Matthew Hinds	806	Male		01:00:59	Wave 5	Tri Nation Series
47	552	Samuel Dixon	472	Male		01:01:18	Wave 9	Tri Nation Series
48	583	Simon Maceachen	1066	Male		01:01:59	Wave 1	Tri Nation Series
49	586	Lee Carson	253	Male	stretch, huff n puff	01:02:03	Wave 1	Tri Nation Series
50	587	Matthew Cox	363	Male	stretch, huff n puff	01:02:04	Wave 1	Tri Nation Series
51	588	Huw Thomas	1809	Male	stretch, huff n puff	01:02:04	Wave 1	Tri Nation Series
52	601	Rob Truckle	1841	Male	2RTR	01:02:19	Wave 9	Tri Nation Series
53	603	Ian Pringle	1507	Male	Ian Pringle	01:02:21	Wave 1	Tri Nation Series
54	613	Gareth Lougher	1040	Male		01:02:30	Wave 3	Tri Nation Series
55	616	Jon Ratcliffe	1534	Male	Just Good Friends	01:02:31	Wave 3	Tri Nation Series
56	652	Paul Macdonald	1058	Male	MOOOOO	01:03:15	Wave 1	Tri Nation Series
57	667	Sarah Sinclair	1675	Female	SARAH SINCLAIR	01:03:25	Wave 9	Tri Nation Series
58	673	Graham Downie	498	Male	GD	01:03:33	Wave 5	Tri Nation Series
59	678	Louise Macdonald	1056	Female	Fat Fighters	01:03:41	Wave 1	Tri Nation Series
60	686	Jon Grey	711	Male		01:03:54	Wave 9	Tri Nation Series
61	687	Daniel Wilkie	1935	Male		01:03:54	Wave 9	Tri Nation Series
62	708	Ben Thomas	1811	Male		01:04:10	Wave 2	Tri Nation Series
63	723	Guy Bourne	144	Male		01:04:29	Wave 3	Tri Nation Series
64	764	Euan Mcghee	1197	Male		01:04:56	Wave 3	Tri Nation Series
65	779	Aaron Edwards	541	Male		01:05:08	Wave 3	Tri Nation Series
66	779	Adam Mulligan	1358	Male		01:05:08	Wave 3	Tri Nation Series
67	831	James Wimshurst	1962	Male	A-Wimo-Way	01:06:04	Wave 7	Tri Nation Series
68	836	Mark Tock	1825	Male		01:06:08	Wave 5	Tri Nation Series
69	844	Joakim Valsinger	1860	Male	BMF Scotland	01:06:15	Wave 2	Tri Nation Series
70	844	Louise Barkworth	84	Female	BMF Scotland	01:06:15	Wave 2	Tri Nation Series
71	846	Lindy Black	125	Female	BMF Scotland	01:06:16	Wave 2	Tri Nation Series
72	963	Daniel Curtis	406	Male	Lead Minions	01:07:54	Wave 3	Tri Nation Series
73	1041	Damien Coyle	364	Male	Damien Coyle	01:09:22	Wave 5	Tri Nation Series
74	1050	Mikey Bateman	95	Male		01:09:34	Wave 2	Tri Nation Series
75	1051	Gareth Naylor	1382	Male		01:09:35	Wave 3	Tri Nation Series
76	1116	Jon Lingard	1020	Male	Charlton Athletic	01:10:57	Wave 6	Tri Nation Series
77	1119	David Charlton	272	Male	Charlton Athletic	01:10:57	Wave 6	Tri Nation Series
78	1126	Colin Ackerley	2	Male	Triple Pain	01:11:11	Wave 1	Tri Nation Series
79	1214	Matt Ross	1601	Male		01:12:55	Wave 1	Tri Nation Series
80	1226	Tony Verrall	1865	Male		01:13:10	Wave 3	Tri Nation Series
81	1258	Timothy Smith	1701	Male		01:14:08	Wave 9	Tri Nation Series
82	1271	Brian Kemp	920	Male	BMF Scotland	01:14:19	Wave 2	Tri Nation Series
83	1319	James Watson	1897	Male	Jim Watson	01:15:48	Wave 3	Tri Nation Series
84	1320	Peter Scott-johnson	1645	Male		01:15:48	Wave 3	Tri Nation Series
85	1386	Jimmy Urquhart	1856	Male	BMF Scotland	01:17:25	Wave 2	Tri Nation Series
86	1405	Luke Graddon	673	Male	Team CG	01:17:56	Wave 5	Tri Nation Series
87	1406	Tom Cowdale	360	Male	Team CG	01:17:56	Wave 5	Tri Nation Series
88	1418	Patrick Byrne	216	Male		01:18:11	Wave 3	All 4 Events
89	1562	Danielle Stewart	1740	Female	BMF Scotland	01:22:20	Wave 2	Tri Nation Series
90	1563	Scott Smith	1689	Male	Incredibles	01:22:20	Wave 2	Tri Nation Series
91	1595	Darren Le gallais	989	Male	Challenge Legs	01:23:51	Wave 1	Tri Nation Series
92	1597	David Curphey	397	Male		01:23:53	Wave 1	Tri Nation Series
93	1618	Paul Stagg	1720	Male		01:24:36	Wave 1	Tri Nation Series
94	1669	Simon Wroe	1980	Male		01:28:57	Wave 3	Tri Nation Series
95	1670	Jody Lee	997	Male		01:28:57	Wave 3	Tri Nation Series